About the Organization

SPECIALIZING IN WOMEN-RESPONSIVE SERVICES

Since 1976, ARC Community Services, Inc. has been dedicated to helping women reclaim their lives, gain awareness of their personal self-worth, and be empowered to make the changes necessary to improve their welfare along with that of their children and families. ARC is a private, non-profit 501(c)(3) statewide agency based in Madison, WI serving high risk women and their families.

ARC helps women through community-based, integrated, multidisciplinary services provided within the family context, especially the mother-child bond, along with advocacy to promote the system-wide adoption of women-responsive approaches to improve successful outcomes for women and their families.
About the Organization

SPECIALIZING IN WOMEN-RESPONSIVE SERVICES

- Women-specific substance use disorders treatment, including residential, day treatment and outpatient services, focused on the mother-child bond, for adult women with their children and pregnant/postpartum women and their infants.

- Community diversion on a residential and outpatient basis of adult women as well as pregnant and postpartum women from the criminal justice system while providing for community safety.

- Specialized Trauma-Informed recovery services for survivors of prostitution and human trafficking.

- Fetal Alcohol Spectrum Disorders (FASD) interventions.
About the Organization

OUR CORE VALUES

Woven throughout every program and service are the core values that guide everything we do:

WOMEN-RESPONSIVE: Creation of a safe environment through site selection, staff selection, program development, context, and material that reflects an understanding of the reality of women’s lives and is responsive to their issues. Women-specific services address women’s specialized treatment issues/needs and their barriers to recovery and are compatible with women’s orientations and is safe from exploitation; takes into account women’s roles, socialization and relative status within the larger culture.

TRAUMA-INFORMED APPROACH: Agency staff are aware of the prevalence of trauma among the women ARC serves and knowledgeable about the ways in which trauma impacts the women’s lives and affects their recovery. ARC recognizes and responds to symptoms of trauma, actively avoids re-traumatizing women, educates women about the impact of trauma, and assists women in addressing the effects of trauma in their recovery plans.

RELATIONAL MODEL: ARC draws on this model of women’s self-development, pioneered at the Stone Center, Wellesley College, to explain the importance of relationships in a woman’s life in the process of her recovery. It emphasizes the centrality of relationships for women, considers their role as caretakers/givers, develops women’s support networks in the community, stresses the use of positive peers group development and women’s strengths, and addresses current relationships, especially children and family, as a means to recovery.

FAMILY-CENTERED: This service approach acknowledges the influence and importance of family, especially children, to the recovery of women and encourages family involvement when appropriate and addresses family issues in the woman’s treatment program.

SAFETY: Programming that provides for women and children’s safety by maintaining a women-responsive, child friendly treatment environment/culture/climate that is welcoming.
## OUR 2017 PARTICIPANTS: OUTPATIENT

<table>
<thead>
<tr>
<th>ARC CENTER FOR WOMEN &amp; CHILDREN</th>
<th>ARC HEALTHY BEGINNINGS</th>
<th>ARC COMPREHENSIVE OUTPATIENT SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>40 women served</td>
<td>46 pregnant women served</td>
<td>247 women were evaluated for services</td>
</tr>
<tr>
<td>44 children screened for</td>
<td>36 drug-free births</td>
<td>49 women served in the intensive outpatient program</td>
</tr>
<tr>
<td>developmental delays</td>
<td></td>
<td></td>
</tr>
<tr>
<td>26 family members received</td>
<td></td>
<td></td>
</tr>
<tr>
<td>ancillary services</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**ARC CHILDCARE**

33 children served
## OUR 2017 PARTICIPANTS: RESIDENTIAL

<table>
<thead>
<tr>
<th>ARC HOUSE</th>
<th>ARC DAYTON</th>
<th>ARC MATERNAL &amp; INFANT PROGRAM</th>
<th>ARC FOND DU LAC</th>
<th>ARC MILWAUKEE WOMEN'S PROGRAM</th>
</tr>
</thead>
<tbody>
<tr>
<td>74 Women Served</td>
<td>48 Women Served</td>
<td>37 Women Served 30 Infants Served</td>
<td>65 Women Served</td>
<td>46 Women Served</td>
</tr>
<tr>
<td>70% Successful Completion</td>
<td>69% Successful Completion</td>
<td>71% Successful Completion</td>
<td>77% Successful Completion</td>
<td>89% Successful Completion</td>
</tr>
</tbody>
</table>

![Image of women in a residential setting](image-url)
# Our 2017 Participants: Diversion

<table>
<thead>
<tr>
<th>ARC Drug Court Diversion</th>
<th>ARC Drug Treatment Court</th>
</tr>
</thead>
<tbody>
<tr>
<td>32 Women Served</td>
<td>11 Women Served</td>
</tr>
</tbody>
</table>
## OUR 2017 PARTICIPANTS: SPECIALIZED TRAUMA-INFORMED SERVICES FOR SURVIVORS OF PROSTITUTION & HUMAN TRAFFICKING

<table>
<thead>
<tr>
<th>PROJECT RESPECT ON PROSTITUTION</th>
<th>HUMAN TRAFFICKING SERVICES</th>
</tr>
</thead>
<tbody>
<tr>
<td>130 Served</td>
<td>119 Trafficking Victims Served (49% adults/43% minors) <em>(Includes Juvenile &amp; Male Victims)</em></td>
</tr>
<tr>
<td>90 Assessments Completed</td>
<td>305 Service Professionals Trained</td>
</tr>
<tr>
<td>47 Formal Referrals</td>
<td></td>
</tr>
<tr>
<td>83 Self-Referrals</td>
<td>*With grant sub-contractor, at-risk juveniles = Missing more than 4 times in a 12 month period or longer than 7 days at a time, or age 12 or younger at first runaway</td>
</tr>
</tbody>
</table>
TREATMENT SETTINGS

- **RESIDENTIAL TREATMENT**: Five residential facilities with a total of 68 beds serve 270 women and 30 infants and provides 24 hour care, seven days a week.

- **DAY TREATMENT** – served 86 women for 24 hours weekly of group and individual services for an average of 4 months and allows women to remain in the community with their families.

- **ON-SITE CHILDCARE** - for up to 15 children, birth through 5 years of age, as well as community childcare placement, child/family therapy, parenting for the mothers and substance use disorders prevention services for the children.

- **OUTPATIENT TREATMENT** – served 49 women for up to 10 hours weekly of individual and group counseling for an average of 3 months.

- **DIVERSION SERVICES** – provided services for 43 women for up to 12 months.

- **SPECIALIZED TRAUMA INFORMED SERVICES** – Served 130 persons.
Pregnant, postpartum and parenting women are prioritized. Children can be placed in the on-site childcare center and/or infants up to one year of age with their mothers in residential.

Services are not only women-specific, but also family-centered. Families received the following:

- FASD Education and Interventions
- Parenting education and child development evaluation (Ages & Stages)
- Health education including smoking cessation and nutrition
- Prenatal/postpartum medical care coordination and education
- Child centered play therapy
- Child/Family therapy
- Family counseling and education groups
- Reunification services
- Mom & Me focusing on child/parent interactions and education
Prenatal and Postpartum Care Coordination
Women's Health Education
Fetal Alcohol Spectrum Disorders Prevention and Intervention
Parenting Enhancement:
  • Education (baby basics and young children)
  • Individual case planning and counseling
  • Parenting Group
  • Mom & Me Group/Mother/Child bonding facilitation groups
  • Developmental Assessments
  • Child Visits
  • Child/Family Therapy
  • Childcare (licensed childcare facility onsite and childcare coordination in the community)
Substance Use Disorders Recovery:
  • Pre-entry Stabilization
  • Education
  • Assessment
  • Treatment Planning
  • Individual Counseling
  • Group Counseling
  • Relapse Prevention Skills & Training
  • Family Education
  • Continuing Care Planning
Mental Health Services:
  • Trauma Healing, Group & Individual Work
  • Symptom Management
  • Psychiatric Evaluation
  • Medication Checks
  • Education
  • Facilitation of Client Prescription Assistance Programs
  • Domestic Violence
  • Sexual Abuse
  • Sexual Victimization
  • Cognitive Interventions & Skill Building
  • Anger Management
  • Healthy Relationships Group and Individual Counseling
  • Prostitution & Human Trafficking Intervention
  • Educational Opportunities (GED) Vocational
  • Case Management and Facilitation of Wrap-around Meetings
  • Addressing:
    • Financial Issues
    • Housing
    • Medical, Mental and Dental Care
    • Employment
    • Legal Issues
    • Benefits Enrollment
    • Transportation
    • Community Monitoring
  • Group & Individual Leisure Time
  • Shared Living Responsibilities:
    • Menu Planning & Meal Preparation
    • Life Skills Training
    • Problem Solving
    • Financial Recovery Skills
  • Addresses Criminogenic Factors
  • Stage Process incorporating Privileges & Consequences
  • Resident Council

AGENCY SERVICES

All services utilize State and Federal Best Practices Standards and Evidence-Based Models and are all women-responsive
ARC Community Services, Inc. is proud to be a part of United Way of Dane County, which means we have met the high standards set by United Way volunteers, and are targeting our services at critical needs identified in our community.
Ms. Celesta Miller, Program Manager for 34 years at ARC House, was the recipient of the Wisconsin Correctional Association’s “Wisconsin Community Corrections Council” Service Award for dedication, knowledge and leadership in the field of community corrections.
SUCCESS STORY

My story begins much like many other addicts I know. I started using around the age of 13. I knew that I never felt comfortable in my own skin and drugs and alcohol at the time felt like a very good solution to that. At 23 I had gotten 2 DUls in 2 years and at the behest of my family I went into my first rehab. It was a 28 day program and when I came out I immediately started using again. You see I truly thought that I was young and everybody my age did these things and used like I did. I dabbled a little in AA at that time, went to a few meetings but really did not want to stop. At the age of 27 I had begun smoking crack and I had turned into someone that I didn't recognize. I was lying constantly, getting evicted from my apartment, getting in terrifying situations, and sleeping with guys for crack. I got so tired of the way I was living, I entered my second rehab. I felt disgusting, full of guilt and shame and it would take years for some of those wounds to heal and some of them still haven't. I got out of my second rehab in July of 2007 and stayed sober for almost 5 years. I attended AA meetings and followed the program religiously. However, there was still this little voice in my mind telling me that crack was my only problem. Was there a possibility that I would drink and smoke weed "normally?" At about 4 years sober I met a guy and started going gambling with him. I believe this is where my relapse began. In a year I was very rarely going to meetings, did not have a sponsor and that question in my mind got stronger and stronger. I thought I should experiment. I started smoking weed and within a few days I was doing it daily. Then came the drinking and eventually I came back to the crack. My relapse went just like everyone in AA had said.
SUCCESS STORY (cont.)

By 2017 I was tired of using. Nearly everyday I wanted to die. I had hurt everyone that I loved very deeply. I had stolen things from my parents, lied to everyone, and was just not a very nice person. If you had something I wanted I would do whatever I needed to do to get it. I knew that either I was going to get sober, kill myself or eventually end up in jail for the things I was doing. The thought of getting sober again was terrifying. I dabbled in an IOP program but I still could not stop using. As I was still contemplating getting sober I found out I was pregnant. I thought for sure that alone would be enough to get me sober but sadly addiction does not work that way. It is THE most important thing in your life, above your children, your family and anything else you hold dear.

I am so glad that ARC was there for me. It was the only place here in Wisconsin that would take me in their program since I was pregnant. I got sober on August 11, 2017 and started ARC on August 21, 2017. I went to treatment 4 days a week for most of the day which kept me busy. My parents were kind enough to transport me to and from on those days. I really felt at home almost immediately. Everyone was so kind. When I was there, 90% of the women were pregnant and most had used during their pregnancy. It helped me to let go of some of that shame that I felt for doing drugs while I was pregnant. I immediately jumped into the program and participated in all the groups. I learned a lot about my addiction, my brain and why my thoughts work the way that they do. I also learned how to recognize thoughts as they came, that a lot of the things that I think about myself are not true and that I can change my thoughts by practicing mindfulness techniques and using grounding exercises. I also want to give a shout out to all the staff members there. I never received the support that I did at ARC with any other rehab I was in. I knew that all the counselors there had my back and would do anything to help me succeed. I will forever be grateful to them.

I delivered a healthy baby girl in January 2018. Thanks to my daily work on my sobriety and the help of all those at ARC I have been sober 15 months and my daughter has a sober mother. I no longer have that lingering thought of "maybe someday I can use and not have this happen" and if I ever do, I have the skills to know how to handle it.
AGENCY PROJECTS

ARC CENTER FOR WOMEN & CHILDREN
ARC HEALTHY BEGINNINGS
ARC COMPREHENSIVE OUTPATIENT SERVICES
ARC DRUG COURT DIVERSION PROGRAM
ARC DRUG TREATMENT COURT
ARC CHILDCARE
ARC HOUSE
ARC DAYTON ST.
ARC MATERNAL & INFANT PROGRAM
ARC FOND DU LAC
ARC MILWAUKEE WOMEN’S PROGRAM
RESPECT PROJECT ON PROSTITUTION
ARC SERVICES FOR VICTIMS OF HUMAN TRAFFICKING
All ARC outpatient programs are certified by the Wisconsin Department of Health Services and utilize Federal Best Practices Standards and Evidence-Based Models and are Women-Responsive.
ARC CENTER FOR WOMEN & CHILDREN

Opening in 1989, the ARC Center for Women and Children was originally the state demonstration project “Model Women’s AODA Treatment Program” and part of the 1989’s ACT 339 Omnibus Drug Bill. CWC is a certified, women-specific, alcohol and drug abuse day treatment program.

Designed to address the barriers to treatment, we offer on-site childcare for up to fifteen children, 0 through 6 years of age; community childcare placement; child/family therapy; and parenting education for the mothers and prevention services; case management services that address stabilization needs prior to entry and assistance in the development of a stable lifestyle, including obtaining employment, clothing, food, safe housing, and medical attention. Participants in the program receive educational and treatment services up to five days per week. Services are designed to provide treatment within the family context, particularly the mother/child bond, increasing successful treatment outcomes while improving the welfare of the children.
ARC HEALTHY BEGINNINGS

The ARC Healthy Beginnings program opened in 1994 as a Federal demonstration project to implement an ideal treatment model for the recovery of pregnant and postpartum women affected by substance use disorders. This program provides women with a full-time, 24-hour a week day treatment program throughout their pregnancy and following the birth of their baby. Transportation and noon meals are provided. Babies are enrolled in the on-site licensed childcare center two weeks after their birth and during the period the mother is enrolled in the treatment program. A treatment team of psychotherapists, child and family therapist, health educator and licensed child care staff provide the program services that are designed to provide increased access to prenatal care to decrease the likelihood of birth complications, encourage recovery in a supportive manner while addressing the mother/child bond and enhancing maternal attachment. Parenting support is provided to assist in stopping the cycle of child abuse and neglect and to increase family intactness and healthy family functioning. The Circle of Security, an evidence-based multi-media program, is facilitated by the child and family therapist and has produced significant improvements in mother-child bonding with new mothers and mothers with multiple children.

"I have gotten help with my children, my parenting and working on becoming the best parent I can be."
COMPREHENSIVE OUTPATIENT SERVICES FOR WOMEN & THEIR FAMILIES

This project was awarded in January of 2012 as one of six projects funded statewide by the Department of Health Services as a Statewide Urban/Rural Women’s Alcohol and Other Drug Abuse Treatment grant. COSWF provides comprehensive assessment services, case management, transitional housing, integrated treatment and trauma programs, intensive outpatient services and increased treatment flexibility to improve the success of women and their families in their ability to achieve healthy, intact family functioning. The COSWF treatment group is an intensive outpatient group provided for three hours an evening, three evenings a week. This group provides many of the program elements of the day treatment service for women who can benefit from this level of care as their primary treatment experience or who have completed a more intensive program at ARC or elsewhere and need this continuing care.

“The program is unique and has benefitted me more than any other treatment program”
HOW DO WE MEASURE SUCCESS?
Women who successfully discharge from these programs:
• Have successfully completed a drug treatment program
• Have been drug-free for a minimum of 60 consecutive days before discharge
• Have had no further contract with the criminal justice system
• Have completed a cognitive interventions program at ARC
• Made progress in completing treatment plan goals
• Are employed or actively seeking a source of legal income
• Are living in a safe and supportive environment
DRUG COURT DIVERSION PROGRAM

Under a contract with the Dane County Department of Human Services, the DCD provides case management services for female offenders with substance use disorders. The project provides for the diversion of individuals with drug-related crimes from the criminal justice system, especially the Dane County Jail, and Probation & Parole through the provision of intensive case management and community-based AODA treatment services. Participants have been assessed by the court system as at medium risk for re-offending, are required to check in with their case manager daily at the beginning of the program and less often as they progress. Each participant is also required to undergo drug screening regularly. Program duration is a minimum of nine months.

"ARC has been a wonderful and life changing experience"
DRUG TREATMENT COURT

This project provides women-specific case management services for women enrolled in Dane County Drug Treatment Court under a contract with the Dane County Department of Human Services. Like the Drug Court Diversion Program, DTC is a coordinated effort intended to interrupt female offenders' criminality by coordinating criminal justice and addiction interventions in order to divert women with AODA issues who would otherwise be jailed in the overcrowded criminal justice system. Participants have been assessed by the court system as at high risk for re-offending and have committed a felony drug-related crime. These women too are required to check in with their case manager daily at the beginning of the program and less often as they progress.

"I was taught and reinforced tools and coping skills that I plan to use throughout my recovery"
ARC Specialized Trauma-Informed Recovery Services specialize in providing evidence-based individualized and trauma-informed services for marginalized populations, namely victims of sex trafficking and persons involved in prostitution.
PROJECT RESPECT

RESPECT addresses local prostitution in the City of Madison and Dane County by providing diversion services including outreach, counseling, intensive case management, crisis intervention, advocacy, vocational education, peer support, transitional housing and referrals to vital services to victims of sexual exploitation and prostitution since 1981. RESPECT also emphasizes prevention and early intervention by encouraging community self-referrals to bypass the criminal justice system. RESPECT is designed to do the outreach necessary to access this difficult-to-reach population to offer viable alternatives and move them into essential community services. A peer advisory group of formerly prostituted women assists an advanced program activity. All awareness, empowerment and pride alternatives to build healthier lives. Community Response (CCR) team exploitation of children. RESPECT informed trauma-informed, victim-promotes safety and successful utilization of community resources through a multi-faceted response to their needs through intensive case management. Today, 75% of the women served have self-referred. Since the 1990's RESPECT has been a member of the Coalition Against Trafficking in Women, a United Nation's non-governmental organization that has led the effort to end sex trafficking. In 1998, CATW recognized RESPECT, along with groups in Minneapolis, Chicago, San Francisco and Portland, as U.S. groups that truly work to help women out of prostitution and create sustainable alternatives in their lives.
ARC SERVICES FOR VICTIMS OF HUMAN TRAFFICKING

This project, an offshoot of the RESPECT Project on Prostitution, identifies and provides comprehensive case management and specialized mental health services to adult and juvenile victims of sex trafficking in Dane County and adjoining counties in the area served by the U.S. District Court for the Western District of Wisconsin. The project is funded by the U.S. Department of Justice Office for Victims of Crime. With additional staff and resources, RESPECT Case Managers develop comprehensive individualized service plans for both adults and youth that attend to victims' short-term and long-term service needs. Other staff provide systems coordination, legal advocacy, training, and reporting. Through agreements with other non-profit agencies and other programs within ARC Community Services, this project provides crisis intervention, group and individual counseling, educational support, emergency shelter, family reunification (if appropriate) and life skills training for juveniles. The project uses a variety of free resources for shelter and sustenance, including free shelter care and short term housing placements. Supplemental housing and support for basic needs are provided to promote housing stabilization, nutrition and health/hygiene. Other services include medical and dental care, treatment for mental and substance use disorders, interpreter services, legal services, literacy education, job training, employment and transportation assistance. Many victims of human trafficking have been undetected in the service areas. The support for multidisciplinary and interagency coordination to improve identification of victims and enhance service delivery to victims, training and technical assistance to human services providers and law enforcement, and coordinated community response with law enforcement and prosecutors fills an unmet need. In addition to providing direct services for victims, the project offers training on best-practices for serving victims of human trafficking.
All ARC residential programs are certified by the Wisconsin Department of Health Services and utilize Federal Best Practices Standards and Evidence-Based Models and are Women-Responsive.
ARC HOUSE

ARC House is the original project and flagship of the agency, and has been in continuous operation since 1976. ARC House is a 15 bed State certified Medically Monitored Substance Use Disorders Treatment Facility for women who are referred by the Wisconsin State Department of Corrections. These women have substance use disorders and are at a high risk of stay is 3 to 6 months. ARC community-based DHS 83 and a treatment clients receive women-which address substance ury. There is an emphasis including physical and abusive relationships, problems, anger/stress management, employment and money management, living skills, child custody and mother and child unification issues. This is delivered through individual and group sessions with treatment staff. ARC House is staffed 24 hours a day and consist of a Program Manager, Certified Substance Use Disorders Counselor, Social Worker, Substance Use Disorders Case Manager and Support Staff.

"I think it is a good program. I will leave here with my head held high and I haven’t been able to hold my head high for years"
ARC DAYTON

ARC Dayton is a 12-bed residential substance use disorders facility for women. Opened in 1990 as a minimum-security residential facility for women, ARC Dayton has evolved to serve women under supervision of the Wisconsin Department of Corrections who are referred as an alternative to revocation of community supervision as well as women referred by the U.S. Probation and Pretrial Office. Additionally, ARC Dayton provides substance use disorders treatment to women referred by Dane County and other county human services departments. ARC Dayton is a licensed community-based residential and certified substance use disorders treatment facility. ARC Dayton provides women-specific program services addressing cognitive interventions, unhealthy or abusive relationships, health problems, employment and money management needs, alternative leisure time use, reunification with children after incarceration and parenting education, and substance use disorder education. Women participate in group counseling as well as individual treatment planning. ARC Dayton has a full-time staff consisting of a Program Manager, a Social Worker, Substance Use Disorders Counselor and a Case Manager.

“This program has truly done amazing things for me. Coming here gave me the opportunity for another chance at life”
ARC MATERNAL & INFANT PROGRAM

ARC MIP is a licensed, community based residential facility for 12 adult pregnant/post partum women and their infants. Since 1993, MIP has provided parenting education, intensive case management as well as substance use disorders treatment for women offenders. MIP was designed to enhance the mother/child bond in a safe, supportive, and stimulating environment. MIP recognizes the importance of the early mother/child relationship for the long term recovery of the offender while also helping to address the patterns of intergenerational criminal involvement with the children. The MIP program is a certified treatment facility for substance use disorders. The program is 6 months long, ideally starting in the woman’s last trimester of pregnancy through the first 3 months after birth. Women who have already delivered may still benefit from the program if their infant is less than one year of age on the date of entry into the program. MIP also has 2 beds to provide residential services to women referred by county human services departments. MIP’s staff includes the Program Manager, Parenting Specialist, Social Worker, and Substance Use Disorders Counselor and Case Manager.
ARC Fond du Lac

ARC Fond du Lac, a 16 bed State-certified, residential substance use disorders treatment facility for female correctional clients under supervision by the Wisconsin Department of Corrections. The length of stay is from four to six months. ARC Fond du Lac specializes in serving women referred as an alternative to revocation. The program, like all ARC Projects, is designed in response to special needs of the female offender so as to empower women to make responsible life choices. In addition, it incorporates the residential elements of a structured living situation with accountability measures; case management emphasis with related phase system of increasing privileges; cognitive behavioral skills building program; and a community-based program to provide for the development of a strong community support system for each woman and her family. ARC Fond du Lac provides women-specific program services addressing each woman's individual needs, including cognitive restructuring, unhealthy and abusive relationships, referrals for mental and physical health needs, employment and budgeting counseling, healthy leisure time activities, parenting education, substance abuse disorder counseling and relapse prevention, trauma and abuse education, and anger management. ARC Fond du Lac has a Program Manager, Substance Use Disorders Counselor, Mental Health/Substance Use Disorders Counselor, Vocational Case Manager, Family and Relationship Counselor, and an Overnight Counselor.
ARC MILWAUKEE WOMEN’S PROGRAM

In 2013, the Wisconsin awarded ARC a grant to substance use disorder for women. A licensed facility and certified disorder treatment facility, ARC Milwaukee Women’s Program admitted the first residents in May 2014. The ARC Milwaukee Women’s Program facility is a renovated three-story duplex in the Walker’s Square neighborhood. ARC Milwaukee Women’s Program serves women who are 18 years of age or older; under supervision of the Wisconsin Department of Corrections; who have a substance use disorder and who need residential level care. The program length is four to six months. Successful discharge is contingent upon a resident achieving treatment plan goals. The program is staffed with a full-time Program Manager, Substance Use Disorders Counselor, Social Worker, Case Manager, and Overnight Counselor, as well as part-time weekend counselors. Program services include: substance use disorders assessment; substance use disorders groups (Intensive Treatment; Symptom Management, Stages of Change, and Relapse Prevention); Individual Substance Use Disorders Counseling; Cognitive Interventions; Family and Relationships; Parenting; Child Visit Program; Trauma Education; Anger Management; Basic Living Skills; Case Management (includes housing, vocational, budgeting, health, independent living skills); Recreation; Community Referrals (including for physical or sexual assault and domestic violence); and Continuing Care Group. The program uses a stage process under which residents earn increasing privileges as they satisfy program requirements and individualized treatment plan goals.

“Everything they do is extremely helpful towards recovery”
AGENCY
BOARD OF
DIRECTORS

Amy Bruchs, Board Chairperson
Michael, Best & Friedrich

Karen Kinsey, President & CEO
ARC Community Services, Inc.

Jan Froelich, Board Secretary/Treasurer
Johnson, Block CPAs

Erika Bierma, Board Member
Stafford Law Firm

Gerald Mowris, Board Member
Stafford Law Firm
AGENCY ADVISORY COMMITTEES

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BadgerCare Plus
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Public Health Madison-Dane County
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Traci Stewart
WI Voices for Recovery
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STATEWIDE ORGANIZATIONS

Secretary, State Council on Alcohol and Other Drug Abuse
Co-Chair, State Council on Alcohol and Other Drug Abuse – Intervention and Treatment Comm.
State Council on Alcohol and Other Drug Abuse - Planning & Funding Committee
State Council on Alcohol and Other Drug Abuse - Mental Health and
Substance Abuse Needs Assessment Committee
Criminal Justice Committee of the Mental Health Council
UW Stevens Point/Division of Mental Health and Substance Abuse Services
Mental Health & Substance Use Disorder Training Conference Planning Committee Chair
Wisconsin Perinatal Depression - Task Force
Wisconsin Trauma-Informed Care - Advisory Committee
Anti-Human Trafficking Task Force – US Federal Western District
Wisconsin Council on Community Corrections - Executive Committee
Wisconsin Nicotine Treatment Integration Project – Advisory Committee
Great Lakes Addiction Technology Transfer Center - Wisconsin Local Advisory Committee
International Community Corrections Association
Wisconsin Coalition Against Sexual Assault
Wisconsin Correctional Association
Wisconsin Anti-Human Trafficking Consortium
Great Lakes FASD Regional Trainers Center - Advisory Committee
WI Alliance for Infant Mental Health
Fostering Futures: WI Dept. of Corrections Trauma Informed Care Implementation Team
Southeastern WI Pre-Natal Care Coordination Work Group

COUNTY ORGANIZATIONS

Recovery Coalition of Dane County
Fond du Lac Coordinated Community Response Against Violence
Fond du Lac Drug Free Communities
Light Up the Night Committee
UW Oshkosh Social Work Program Community Advisory Committee
Fond du Lac County Mental Health/AODA Advisory Committee
Dane County Recovery Coalition Executive Committee
Dane County FASD Task Force
Dane County Commission on Sensitive Crimes
Dane County Safe Sleep Initiative
Dane County Fetal and Infant Mortality Review Committee
Southern Region PNCC Work Group
Dane County Homeless Consortium
Parent Addiction Network of Safe Communities Advisory Committee
Community Coordinated Response Committee
EXECUTIVE STAFF
Karen Kinsey, President/CEO
Robin Ryan, COO
Norman Briggs, Director of Addiction Services
Brenda Hunter, Director of Women’s Treatment Services
Peggy Bentley, CFO
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Becky Stanley, Executive Assistant

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Linda Norton, Clinical Supervisor
Misty Budzinski, AODA Counselor
Kathryn Booker, AODA Counselor
Renee Kirch, AODA Counselor
Nikara Peters, AODA Counselor
Sherry Schroeder, Intake Specialist
Erika Roling, Health Educator
Jordan Ryan, Trauma Therapist
Susan Hence, Care Coordinator
Stephanie Brown, Case Manager
Kristine Schmitt, Group Facilitator
Mary Funk, Director of Childcare Services
Kristin Rufenacht, Lead Childcare Teacher

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Veronica Ibarra, Social Worker
Jackie Hunt, Social Worker/Outreach
Annette Bland, Outreach Worker
McKenzie Brice, Peer Leader


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Amy Hoffmann, AODA Counselor
Njemeh Barrow, Social Worker
Adelaide Fenton, Case Manager
Shanna Kasper, Case Manager

**ARC DAYTON**
Jan Battle, Program Manager
Jennifer Powers, AODA Counselor
Colleen Carroll, Social Worker
Nanette Lopez, Case Manager

**ARC MATERNAL & INFANT PROGRAM**
Linda Van Tol, Program Manager
Katie Jacoby, AODA Counselor
Casey Hanson, Social Worker
Laura Zeilinski, Parenting Specialist
Kat Allcox, Case Manager

**ARC FOND DU LAC**
Tania Rhoads, Program Manager
Tierra Yonker, AODA Counselor
Leslie Raddatz, Mental Health/AODA Counselor
Lisa D’Alessio Lead Counselor/Social Worker
Shelby Harris, Case Manager

**ARC MILWAUKEE WOMEN’S PROGRAM**
Debra Wolkomir, Program Manager
Megan Martens, AODA Counselor
Marsha Howe, Social Worker
Samantha Damijan, Case Manager
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GETTING INVOLVED IN ARC

VOLUNTEER

You can offer your time and talents to the agency or a specific program.

DONATE

Donate materials or gifts in-kind needed by our mothers and children to furnish their homes, clothe their infants and help them rebuild their lives. Make a tax deductible financial gift or pledge that allows ARC to address the needs of high risk mothers and their families.

ADVOCATE

Learn about the issues that impact our women’s lives and share this information. Invite our staff to give informational talks about the issues in our women and children’s lives. Connect ARC to community leaders, funding sources or foundations.

VISIT

Schedule a tour of ARC’s programs to learn more about our services or call (608) 278-2300 for more information.
ARC Community Services, Inc.

2001 W. Beltline Highway
Suite 102
Madison WI 53713

Phone: (608) 278-2300
Fax: (608) 278-2313

Web: www.arccommsserv.com

ARC Community Services, Inc. gives admission priority to pregnant women

ARC Community Services, Inc. provides an equal opportunity in employment and service.

ARC would like to thank funders, donors, volunteers and community partners that make our services to improve the lives of women and their families possible.